**Hiking Equipment List**

**Clothing**

( ) Wool and/or Synthetic Socks

( ) Base Layer Top - Synthetic, wool or silk

( ) Base Layer Bottoms - Synthetic, wool or silk - optional for cool or winter days

( ) Mid-Insulation Layer Top - Pile (fleece), light synthetic fill or wool sweater/jacket

( ) Hiking Pants- Synthetic multipurpose pants

( ) Light Wind Shell - Windproof, water resistant layer for high aerobic work

( ) Weather Layer Top - Gore-Tex or other waterproof breathable jacket, or coated nylon

( ) Weather Layer Pants - Gore-Tex or other waterproof breathable pants, or coated nylon

( ) Warm Outer Jacket - Down or synthetic for cool or winter days

( ) Toque - Wool or Synthetic

( ) Brimmed Cap - Preferably wool or synthetic but cotton will do if other unavailable

( ) Face Warmer - Scarf, neck tube, face mask - optional, for winter trips

( ) Light Gloves - Wool, synthetic or leather

( ) Warm Gloves or Mitts - for cool or winter days

( ) Gaiters - for wet weather

( ) Handkerchief

Warm Weather Hiking

( ) Shorts - or convertible pants

( ) Sun Hat

( ) Cotton T-shirt

**Personal Equipment**

( ) Pack

( ) Sunglasses

( ) Sun and Lip Cream

( ) Head Lamp

( ) Water Bottle or Hydration System

( ) Lunch

( ) Blister Kit

( ) Pocket Knife

( ) Camera - Optional

( ) Binoculars - Optional

( ) Walking stick or Ski Pole

( ) Umbrella

( ) Hiking Boots

**Group Equipment**

( ) Altimeter

( ) Map and Compass

( ) Route Book/Description

( ) Natural History References etc. - optional

( ) First Aid Kit

( ) Emergency Sac - Nylon tarp or envelope sack to cover group or injured member

( ) Group Repair Kit - May substitute for personal repair kits or supplement them

( ) Two-way Radio or Cell Phone - Check for coverage and frequencies in your area

( ) GPS - May be optional depending on trip

( ) Small Stove and Pot - May be optional depending on trip

( ) Water Filter - optional on short trips where you can carry required water